



# POISON IVY


## A SPECIES COMMONLY FOUND ON OUR CAMPUS



### What to look for

Poison Ivy has three leaflets per leaf, is green, and typically grows as a bush or a vine.

### Will I get a rash?



90% of people who come in contact with even a little bit of poison ivy get an itchy skin rash. This rash will develop around 4 - 48 hours after coming in contact with the poison ivy. You are susceptible anytime in your life. This rash will resolve on its own in a few weeks.

### What should I do?

1. See your doctor about cortisone cream or antibiotics
2. Put on a cold compress







# WILD PARSNIP


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### What to look for

Wild Parsnip can be up to 1.5 m tall. It extends into compound leaves with sharp leaflets and small umbrella-shaped yellowish-green flowers.

### Will I get a rash?



Affected areas can turn red, feel sunburned, or even blister 24 hours after exposure. However, you might not be affected by the wild parsnip by simply walking by. It is only dangerous when the sap gets on your skin

### What should I do?

1. Keep the burn out of the sun
2. If you have to be in the sun apply sunscreen,
3. Ice the burn





# TICKS



## A SPECIES COMMONLY FOUND ON OUR CAMPUS

### What to look for

Ticks can come in various sizes as pictured above. They must feed on an infected host to carry Lyme disease so the larger/older ticks are more likely to carry it.

### What happens if I have a tick?

The tick will embed in your skin and transfer a bacteria called *Borrelia burgdorferi* which can be transferred to you and can cause lime disease. There may also be a bulls-eye rash and you may have a fever, headache, or swollen lymph nodes.

### What should I do?

1. Avoid ticks in the first place by wearing insect repellant containing DEET and wearing long clothes.
2. Check your full body after a trail walk for ticks and if you see one remove it immediately as the risk of infection increases after 24 hours.
3. Remove the tick using tweezers, and grab the tick near your skin without twisting. Wash the bite with soap and water afterwards.

